

## Tuesday, April 1

• Prenatal Class - 6:00pm

## Wednesday, April 2

• Breastfeeding (Lactation) Class - 6:30pm

### Wednesday, April 30

Sexual Assault Awareness Walk - 6:30pm

#### **Prenatal Class**

**Time:** 6:00pm

Childbirth, or commonly called Prenatal Class, teaches about the childbirth process, relaxation techniques, pain control and baby care. It is recommended for all new parents. Classes are offered every other month. The one night class is held at the hospital from 6-9:30 pm. Dinner is provided and a tour of Labor and Delivery is also included.

An RSVP is required. Call the OB & Nursery Team at 435.636.4828 or register online below.

## **Breastfeeding (Lactation) Class**

Time: 6:30pm

Led by a certified lactation consultant, our Breastfeeding (lactation) Class is a great introduction for new or expecting mothers who would like information or support with breastfeeding. There is limited space, so we ask that only one support person be by your side. The class is held in the Castleview Hospital Boardroom. An RSVP is required - register online.

Call the OB & Nursery Team at 435.636.4828 for more information.

#### Sexual Assault Awareness Walk

Time: 6:30pm

Join Castleview Hospital to bring awareness to sexual assault with a short walk around the block of the Peace Gardens. The Castleview team will provide a short

presentation about sexual assault and the hospital's SANE program. Then we will take a short walk together around the block of the Peace Gardens. Bring your family, friends and neighbors to join this important awareness event.







# Sexual Assault Awareness Month

Join us to walk for awareness

When: Wednesday, April 30

Time: 6:30 pm

Where: Price City Peace Garden

Join Castleview Hospital to bring awareness to sexual assault with a short walk around the block of the Peace Gardens. The Castleview team will provide a short presentation about sexual assault and the hospital's SANE program. Then we will take a short walk together around the block of the Peace Gardens. Bring your family, friends and neighbors to join this important awareness event.